

HOW DO YOU FEEL?



Activity One

Ask you partner how he/she is, now tell the class what he/she said. Example:

Q: How are you?

A: I,m (am) fine thank you, I'm not very well, I'm OK.....



Activity Two

Practice conversations: Answer the question with the choice that best corresponds to how you really feel now.

How do you feel? / How are you feeling?

I'm fine I feel great I'm a bit tired I'm very tired I'm very angry about something I'm stressed out at the moment I'm really happy I'm hungry I'm really thirsty I'm too hot / I'm freezing cold

Activity Three

One at a time you will mime one of the feelings below. The others have to guess which feeling you are miming.

Angry, happy, frustrated, sad, delighted, surprised, tired, worried, hungry, thirsty, hot, cold, bored, confused, ashamed, enthusiastic, miserable, cross, Embarrassed, ecstatic, shocked, low, scared, excited, humiliated, petrified.

<u>Activity 4 - Opposites</u>

Match the feeling (on the left) with its opposite (on the right)

Stressed Tired Hungry Sad Bored Scared Hot Sick Full Cold Relaxed Excited Well Happy Safe Awake



Activity Five

Watch the youtube 'Mr. Bean at the swimming pool' and answer the following questions.

- 1. How does Mr. Bean feel when he sees the slides?
- 2. How does he feel when the whistle blows and he gets out of the pool?
- 3. How does he feel when he sees the diving board?
- 4. How does he feel when he's at the top of the diving board?
- 5. How does he feel when the children watch him?

<u>Activity Six</u>

How WOULD* you feel if? (This is the * conditional.) Pick a question to ask to someone in the class.

Example: Q: How would you feel if you won the lottery? A: I WOULD feel ecstatic.

Situations - answer with complete sentences:

- •If you met the Queen of England.
- •If you lost your glasses.
- •If someone stole your wallet.
- •If you fell in a dog pooh.
- •If your heating broke in the winter.
- •If the air conditioning didn't work in the summer.
- •If you won who wants to be a millionaire.
- •If George Clooney walked into the room and kissed you.

<u>Activity Seven</u>

Role-play - Act out these situations in front of the class.

You meet in the street with a friend of yours who is in one of the following situations. You will have a short conversation with him/her asking he/she is.

- 1. A man who has just split up with his wife.
- 2. A woman who has just been promoted at work.
- 3. A women who has just missed her bus.
- 4. A little boy who has dropped his ice cream.
- 5. A girl whose boyfriend has just proposed marriage to her.
- 6. A woman who has just passed her English exam with distinction.



Activity Eight - Song time!

I FEEL GOOD James Brown Whoa-oa-oa! I feel....., I knew that I would, now I feel, I knew that I would, now So, So, I got you

Whoa! I feel, like sugar and spice I feel, like sugar and spice So, so, I got you

When I hold you in my arms I know that I can't do no wrong and when I hold you in my arms My love won't do you no harm

and I feel nice, like sugar and spice I feel nice, like and

So nice, so nice, I got you

.....

.....

When I hold you in my arms I know that I can't do no wrong and when I hold you in my

..... My love can't do me no harm

and I feel nice, like sugar and spice I feel nice, like and

So nice, so nice, I got you

HEY!!

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Activity Nine - Class Survey - How do you feel in the following situations?

- 1. You have to visit your mother-in law. How do you feel?
- 2. You are going to the dentist. How do you feel?
- 3. You are lost in the woods and it's very dark. How do you feel?
- 4. You are driving to get your haircut. How do you feel?
- 5. You can't find your mobile phone. How do you feel?



Activity Ten - Snow White and the Seven Dwarfs - Watch the Clip

https://www.youtube.com/watch?v=O1SXmigMfnE

Can you identify the names of all seven dwarves?

Why do they have these particular names?

