



Confined

 EAE Learning objectives for this lesson 
Learn and practice the Past Simple Tense, Listening and Reading
comprehension exercises

Activity One: Warm-up

Stand up, move around and ask the other students!

Find someone who:

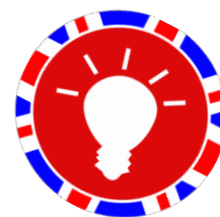
- Watched TV yesterday
- saw a film last weekend
- didn't have cereal for breakfast
-woke up early this morning
- took the tram to school
-went shopping at the weekend
- ... went to the beach during the summer
-didn't eat cheese last week
- listened to music yesterday
- ... used a computer last week
-spoke English outside of class last week

Activity Two: Past simple

When we talk about an action in the past that is FINISHED, we use the PAST SIMPLE tense.

We can use the Past Simple to talk about a sequence of events, an action that happened once, many times, or never.

We use 'time expressions' with the Past Simple to say WHEN something happened. For example: Yesterday, Last week, A few minutes ago, in 2016

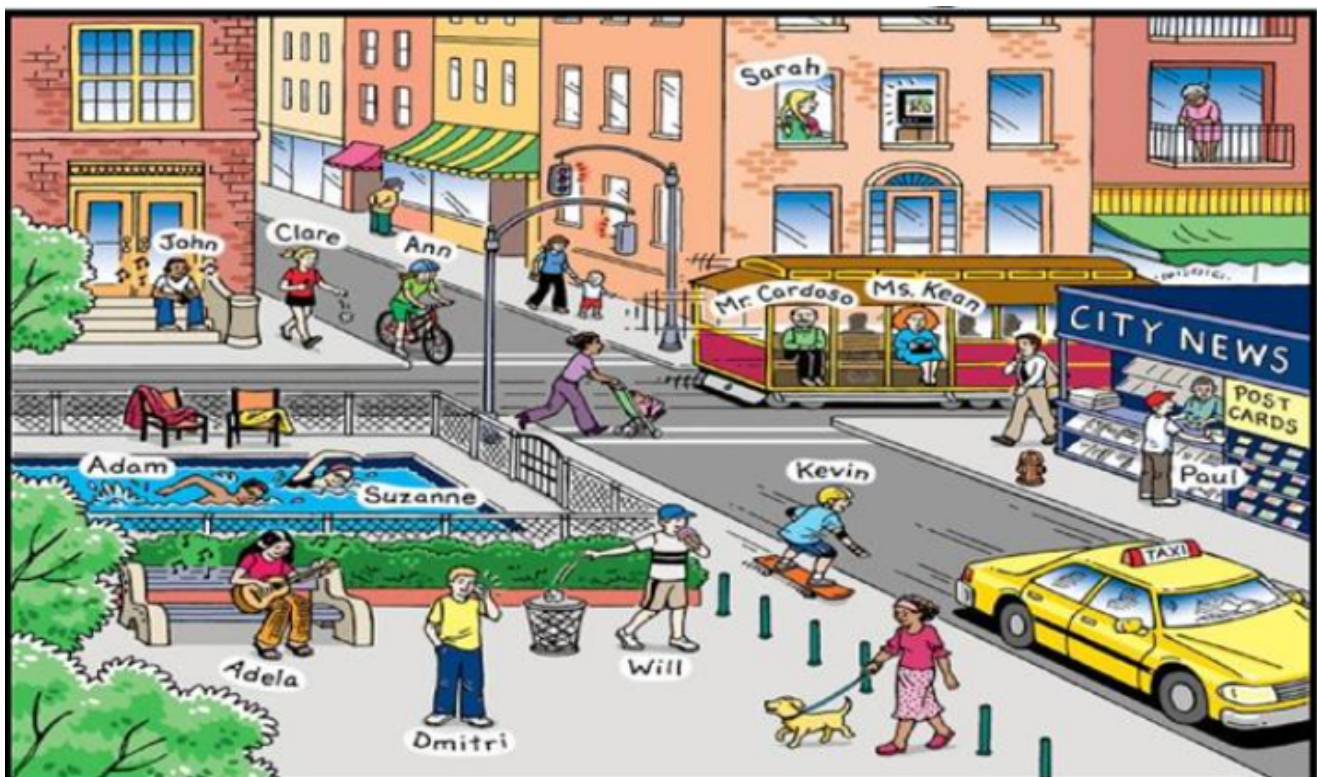


With a partner, match up these verbs in the present tense with the correct form in the Past Simple tense.

Listen	Took
Ride	Threw
Take	Watched
Walk	Talked
Swim	Listened
Talk	Played
Throw	Swam
Buy	Rode
Play	Bought
Watch	Walked

Activity Three: Practice

Now look at the picture and notice what actions the people are doing.



With a partner, make some sentences about what the people in the picture did as if it happened yesterday.

For example: Ann rode her bike.

Activity Four: Listening Comprehension Part 1

Watch the video:

https://www.youtube.com/watch?v=4e0rcQh8CLc&feature=emb_logo

What did Saira do during the lockdown?

Saira

1. _____ with her sister
2. _____ birds with her binoculars
3. _____ the harmonica
4. _____ arts and crafts
5. _____ in her journal
6. _____ her hands

Can you put those verbs into the Past Simple tense?

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

Activity Five: Reading Comprehension (Read for a first time at home)



We will take turns reading the following article about a Frenchman, Richaud Valls, living in New York City, who turned his hobby of baking bread into a business. Then answer the questions below.

‘During the early months of New York’s COVID-19 pandemic, there were a few evening rituals that brought at least some comfort to West Village residents: the familiar chimes of the ice cream truck, clapping at 7 p.m. for health heroes, and a Frenchman covered in flour making bike deliveries.

“In the neighborhood, they call me the bread guy,” says Richaud Valls, a 48-year-old French actor who’s lived in New York City for a decade.

At the beginning of the shutdown, Instagram looked like one big sourdough starter, of course. Valls, like so many others, began baking to pass the time and stay creative. After sharing his creations with friends and posting on Instagram, Valls began to receive inquiries from people asking how they could buy his baguettes.

When did you start baking?

I’ve always cooked, but I just started baking about two years ago. I tried to make baguettes, but it didn’t work. I tried so many times. I don’t know what I was doing wrong, but it was a mess. The consistency was too thick. I redid it over and over and over again. My friends didn’t even want to try them anymore. So I stopped. But a few months ago, with the world being what it is right now, I tried again.

Why baguettes?

I wanted to re-create the baguettes I used to eat as a kid in France. In Paris, you smell the boulangerie on your way to school in the morning. The baguettes were crunchy with a lot of air inside. I wanted to re-create that feeling. So I’m in my little kitchen in the West Village, I tried again and it just worked. A batch finally came out so delicious. But I was scared I was going to forget what I did. So I started another one right away and made batch and after batch after batch.

What changed?

I think I worked the dough more. I think it let out some air. I do the dough all by hand. I think it’s the movement of the hands that made the dough better. All of a sudden, everybody loved them.

How long do you work the dough?

It changes all the time. Sometimes 15 to 20 minutes, and sometimes I have to work it more until it’s really subtle and elastic. I’ve hand-worked dough for more than 30 minutes before. It’s a workout.

You're baking every single baguette by hand yourself?

Yes. I am in front of the oven for every baguette. I have to be really focused. They bake for about 25 minutes in total. I turn them over after about ten minutes. When I was making them in my apartment kitchen, I could only make three at a time.

Where are you making the baguettes now?

Like four or five weeks ago, I was having a drink outside with a friend and we were talking about how I was struggling with my oven. I had too many orders and not enough space. I would take out the bread, turn off the oven, run downstairs, make the delivery on my bike in my apron, and then come back upstairs and turn my oven back on. And this guy was outside and heard us and said he owned the bar Orient Express and said I could use his oven. The next day, I was baking in his space.

That was nice of him. No strings?

I worked out a deal with him, and I give him 20 percent. It's funny, though, because now the neighbors who live upstairs smell the bread and are coming by.'

Full article here: https://www.grubstreet.com/2020/07/richaud-valls-baguette-delivery-nyc.html#_ga=2.21739390.479373366.1600956932-818741733.1600956932

Comprehension Questions:

1. What were the evening rituals for New York City's West Village residents? Change the verb to its past tense form.

The residents _____ (to hear) the chime of the ice cream truck, _____ (to clap) for the healthcare workers and _____ (to see) a Frenchman covered in flour making bike deliveries.

2. What does this sentence mean?

"At the beginning of the shutdown, Instagram looked like one big sourdough* starter, of course."

*sourdough is a type of fermented yeast bread

a) At the start of lockdown, a lot of people used Instagram.

b) At the start of lockdown, a lot of people posted pictures of themselves baking bread.

c) At the start of lockdown, people ate a lot of bread.

3. What did Richaud smell during his childhood? Answer in a complete sentence.

4. How long did it take him to bake one baguette?

5. What happened four or five weeks ago?

6. Have you ever made bread yourself?

Activity Six: Listening Comprehension Part 2

Watch the video then answer the questions.

https://www.youtube.com/watch?v=e9DreF5ddM8&feature=emb_logo

Comprehension Questions:

1. What did Zoe have for breakfast?
2. Why did Zoe download Zoom?
3. What does Zoe use the notebook for?
4. Why did Zoe go for walks and runs a lot?
5. What did they do when they saw other people were close?
6. When did she go on her trampoline?
7. What was her advice at the end?

Activity Seven: Film your lockdown experience!

What did you do during lockdown?

In partners or small groups, talk about what you did then, film a video just like Zoe and Saira *showing* what you did during the lockdown.

Remember to use the Past Simple tense!

We will vote for the best video!

Activity Eight: Role Plays

Imagine the following scenarios and act them out with a partner or your teacher.

1. You're a Hollywood celebrity who has a huge house, pool, indoor gym, tennis courts, and more. Explain to a partner what you did during the lockdown.
2. Your wifi stopped working at your house during lockdown and couldn't be fixed for 4 weeks. What did you do?
3. You quarantined with your mother-in-law (who you don't get along with) and fought a lot. What did you fight about?

