

# SWEET AND SOUR HOT AND SPICY

EAE Learning objectives for this lesson

Learn how to order food in a restaurant. Learn how to express preferences, describe tastes and talk about different types of food.

**Activity One** - With your partner.

Describe the food you ate the last time you went to a restaurant. (Please prepare at home before the lesson.)

**Activity Two** - Match the country with the typical dish.

Food	Country
Lasagne	Japan
Fish and Chips	Austria
Tom Yan Kun	Indonesia
Sushi	The UK
Chile Con Carne	Italy
Nasi Goreng	Thailand
Weiner Schnitzel	Mexico

**Activity Three** - Match the image with the description.



*A savory Mexican dish - A hot spice - A sweet and sour Chinese dish - Salty snacks - Fresh and delicious fruit - Fatty fried Hamburger - Sickly sweet desert - a bitter fruit.*

**Activity Four** - Dialogue: Jane and Kate are university friends. Read the dialogue with your partner.

**Jane:** So, what kind of food do you like?

**Kate:** When I eat in or when I eat out?

**Jane:** Oh, when you eat out.

**Kate:** I like Italian and French food most of all.

**Jane:** Do you like Chinese food?

**Kate:** Yeah. I sometimes order sweet and sour pork.

**Jane:** Wow! That's funny, that's my favorite dish!

**Kate:** Cool, shall we go out for Chinese then?

**Jane:** I thought you wanted to watch a film?

**Kate:** Well, but we can order a take away.

**Jane:** OK great let's do that. Do you have a menu?

**Kate:** Here it is.



**Activity Four:** Now with your partner again act out a similar dialogue but this time change the parts which are highlighted in yellow, (choose a different dish and a different type of food).

**Activity Five:** Explain your preferences.

Label the types of food in order of preference.

Spicy Mexican food

Mild Indian Curry

Mild Thai food

Hot Thai food

Sweet and Sour Chinese food

American fast food

English traditional, simple dishes.

French aromatic dishes.

Sweet French deserts.

Sweet Italian ice creams.

Salty Japanese sushi.

Now explain why you prefer certain foods and why you dislike certain foods. Here are some example sentences:

- I don't like Mexican food because it's too spicy.
- I don't like to mix sweet and savory foods so I don't like a lot of Chinese dishes.
- I don't like anything too fatty so I don't like American fast food dishes.
- I don't like sour tasting sauces so I don't like some Chinese or Thai dishes.
- I don't like hot food so I don't always like Indian curry.
- I don't like eating raw fish so I never eat Sushi.
- I love hot food so I really enjoy a nice curry.
- I love sweet and sour flavors so I love to eat Chinese.
- I really like simple food so I love a traditional English dish.
- I just love hamburgers and so I eat a lot of fast food.
- I like salty food combined with fish and rice so I love eating Sushi.



**Activity Six: Ordering food.**

With your partner act out the following scene. Use some props and change the menu if you can! (Or, add some problems, like a fly in your soup, a burnt steak, stale bread etc..)

**Waiter:** Welcome to Valentino's. Here are your menus. Today's special is grilled chicken salad. I'll be back to take your order in a minute.

...

**Waiter:** Are you ready to order?

**Customer 1:** I'd like the seafood spaghetti.

**Waiter:** And you?

**Customer 2:** I'll have a Lasagna please.

**Waiter:** Would you like anything to drink?

**Customer 1:** I'll have a coke, please.

**Waiter:** And for you?

**Customer 2:** Just water, please.

**Waiter:** OK. So that's one seafood spaghetti, one Lasagna one coke, and one water. I'll take your menus.

...

**Waiter:** Here is your food. Enjoy your meal.

Customers: Thanks a lot.

...

**Waiter:** How was everything?

**Customers Both:** Delicious, thanks.

**Waiter:** Would you like anything for dessert?

**Customer 1:** No, just the bill please.

**Activity Seven - What's on the menu..**

Order from this menu -Your teacher will take your order! Remember to be very polite. Ask any questions you want to ask. Maybe even give a tip at the end! :-)

**Starters**

Sweetcorn Soup  
Chorizo Oil

Steamed Mussels  
Oyster Sauce, Coriander

Pan Fried Chicken Livers  
Asparagus, Watercress

**Main Course**

Rump of Beef Pavé  
Sauté Potatoes, Carrots & Shallots

Cornish Hake  
Leeks, Heirloom Tomatoes, Crayfish Bisque

Lemon & Roast Garlic Risotto

**Pudding**

Dark Chocolate Tart  
Raspberry Sorbet

Vanilla Rice Pudding  
Fresh Raspberries

Lemon Posset  
Shortbread Biscuit

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**Monday - Saturday from Midday until 2.30pm**  
**Monday-Friday between 6pm & 7pm One Course - £12.95**  
**Two Courses - £15.95 Three Courses - £18.95**  
**Monday - Thursday - After 7pm**  
**Two Courses - £20.95 Three Courses - £23.95**

**Activity Eight - Your own menu.**

Now work with a partner to create your own menu. Present it to the class. They will order something from your menu and tell you what they prefer from that menu and why.

# MENU

*Restaurant Name* .....

*Type of Food* .....

*Starters*

*Main Course*

*Pudding/ Desert*

How far have you got?

learning objectives

