

What's For Dinner??



EAE Learning objectives for this lesson



Learn new vocabulary about cooking and ingredients. Practice ordering food.

Activity One - Ask your partner.

- 1. Do you enjoy cooking?
- 2. Would you consider yourself a good cook?
- 3. Do you cook meals for your family?
- 4. Do you plan out what you are going to make each week?
- 5. Do you buy fresh ingredients?
- 6. Do you ever by ready made meals?
- 7. Are you careful about where your ingredients are sourced?
- 8. Do you ever eat fast food?



Activity Two_- What's in your hot dogs?

Watch the video and then answer the questions. (Pre-read the questions so that you know what to listen for, you can make notes during the video). https://www.youtube.com/watch? v=2NzUm7UEEIY - You Tube - How It's Made - Hot Dogs.

- 1. Does this look appetising?
- 2. Do you think it's nourishing food?
- 3. List some of the ingredients you see being added.
- 4. Did you know this is what was in in your sausages?
- 5. Will you be having hot dogs for dinner?
- 6. After the hot salt water and liquid smoke, how much nutritional value do you think is left?
- 7. How many sausages are produced each hour?
- 8. Can you remember the sequence of events in this video first, then, after that and finally...

http://www.buzzfeed.com/rachelysanders/dark-secrets-how-food-groceries-are-made#48t98jf

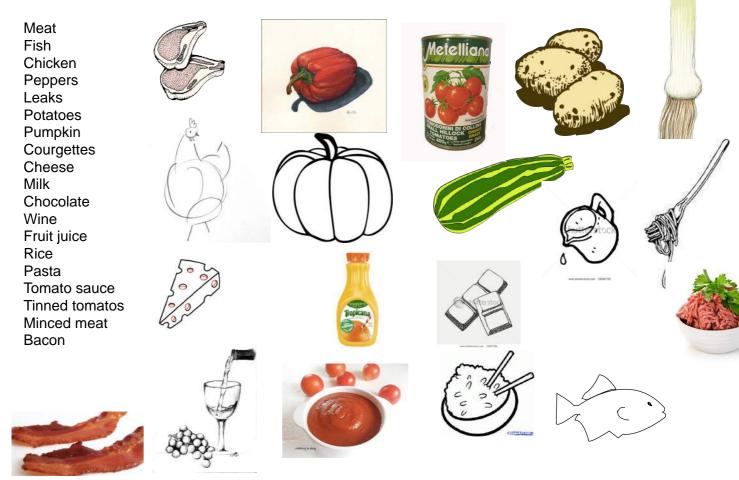
Activity Three - Guess the ingredient.

In two **teams** guess which ingredient goes in which manufactured food product. Your teacher has the answers. If you get the answer wrong the opposite team gets a bonus point if they get it right.

| Grated Cheese | Crushed insects |
|---------------------|-----------------------------------|
| Strawberry Yoghurt | Orange flavouring |
| Ice cream | Chemical bleach |
| Tinned cherries | Wood fibres |
| Fresh orange juice | Palm oil which raises cholesterol |
| Most packaged foods | Carcinogenic Sodium Benzoate |
| Most Sodas | Seaweed |



Activity Four - A balanced meal. With your partner plan a menu for a perfectly balanced meal with no harmful ingredients in it! Then describe your menu to the class. Here is some vocabulary to help you. Start by connecting the images to the words by drawing a line - this is a race - let's see who finishes first!



Activity Five - Take Away Food. (To take away, to eat in, to eat at home, home made, mass produced). Even if you love to cook it's sometimes really convenient to order a take away. Look at the following choices of take away food. - Which do you prefer?

IndianPizzaHamburgerRoast ChickenChinesePastarestaurantDelicatessenThaiSushiFried ChickenKebab

- 1. What kind of food would you order in one of these restaurants?
- 2. Do you know of a good take away restaurant in Montpellier?
- 3. How much do you think a normal take away menu should cost?
- 4. Do you often order take away food?
- 5. Can you think of any other types of take away food not listed above?

<u>Activity Six</u> - Order a take away. With your partner act out a scene where you call the restaurant to order some take away food and your partner takes your order. Order once from each of the menus and take turns being the client. Here are the menus:

http://www.deewanbanquet.com/best_indian_banquet_hall_nj/wp-content/uploads/2011/04/Deewan_Menu.pdf http://www.pandacuisine.co.uk/wp-content/uploads/DL_8pp_PandaTakeawa-final.pdf

