

What's For Dinner??



EAE Learning objectives for this lesson



Learn new vocabulary about cooking and ingredients. Practice ordering food.

Activity One - Ask your partner.

1. Do you enjoy cooking?
2. Would you consider yourself a good cook?
3. Do you cook meals for your family?
4. Do you plan out what you are going to make each week?
5. Do you buy fresh ingredients?
6. Do you ever buy ready made meals?
7. Are you careful about where your ingredients are sourced?
8. Do you ever eat fast food?



Activity Two - What's in your hot dogs?

Watch the video and then answer the questions. (Pre-read the questions so that you know what to listen for, you can make notes during the video). <https://www.youtube.com/watch?v=2NzUm7UEEiY> - You Tube - How It's Made - Hot Dogs.

1. Does this look appetising?
2. Do you think it's nourishing food ?
3. List some of the ingredients you see being added.
4. Did you know this is what was in in your sausages?
5. Will you be having hot dogs for dinner?
6. After the hot salt water and liquid smoke, how much nutritional value do you think is left?
7. How many sausages are produced each hour?
8. Can you remember the sequence of events in this video - **first, then, after that and finally...**

<http://www.buzzfeed.com/rachelysanders/dark-secrets-how-food-groceries-are-made#48t98jf>

Activity Three - Guess the ingredient.

In two **teams** guess which ingredient goes in which manufactured food product. Your teacher has the answers. If you get the answer wrong the opposite team gets a bonus point if they get it right.

Grated Cheese	Crushed insects
Strawberry Yoghurt	Orange flavouring
Ice cream	Chemical bleach
Tinned cherries	Wood fibres
Fresh orange juice	Palm oil which raises cholesterol
Most packaged foods	Carcinogenic Sodium Benzoate
Most Sodas	Seaweed

Activity Four - A balanced meal. With your partner **plan a menu** for a perfectly balanced meal with no harmful ingredients in it! Then describe your menu to the class. Here is some vocabulary to help you. Start by connecting the images to the words by drawing a line - **this is a race** - let's see who finishes first!

Meat					
Fish					
Chicken					
Peppers					
Leaks					
Potatoes					
Pumpkin					
Courgettes					
Cheese					
Milk					
Chocolate					
Wine					
Fruit juice					
Rice					
Pasta					
Tomato sauce					
Tinned tomatos					
Minced meat					
Bacon					

Activity Five - Take Away Food. (To take away, to eat in, to eat at home, home made, mass produced). Even if you love to cook it's sometimes really convenient to order a take away. Look at the following choices of take away food. - **Which do you prefer?**

- | | | | |
|----------------|--------------|----------------------|----------------------|
| Indian | Pizza | Hamburger | Roast Chicken |
| Chinese | Pasta | restaurant | Delicatessen |
| Thai | Sushi | Fried Chicken | Kebab |

1. What kind of food would you order in one of these restaurants?
2. Do you know of a good take away restaurant in Montpellier?
3. How much do you think a normal take away menu should cost?
4. Do you often order take away food?
5. Can you think of any other types of take away food not listed above?

Activity Six - Order a take away. With your partner act out a scene where you call the restaurant to order some take away food and your partner takes your order. Order once from each of the menus and take turns being the client. Here are the menus:

http://www.deewanbanquet.com/best_indian_banquet_hall_nj/wp-content/uploads/2011/04/Deewan_Menu.pdf
http://www.pandacuisine.co.uk/wp-content/uploads/DL_8pp_PandaTakeawa-final.pdf

How far have you got?

learning objectives



Fill in the bars to show your progress

easy access english

